

RIDLEY COLLEGE

SINCE 1889

Co-curricular Handbook



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CO-CURRICULAR EXPECTATIONS

All students are required to participate fully in the co-curricular program at Ridley College. This program is designed so that students have the opportunity to further develop strengths in their area of interests, be that in Athletics, the Arts, Service, Expeditions or Cadets.

In order for students to earn their Ridley College Diploma, in addition to their Ontario Secondary School Diploma, the following requirements must be met:

1. Each student must participate in one sport per term. This can be either a Competitive team, or a Sport for Life team.
2. Each student will participate within a co-curricular activity according to the grade stipulations below to earn the minimum credit requirement. If students wish to do more, and their schedule allows, they are more than welcome to do so.
3. Each Student will participate in the Ridley College Cadet Corps during the Trinity Term. (IB2 Diploma Candidates may opt out of Cadets to study for the IB2 Final Exams)
4. Each student must complete 10 hours of community service each year in order to earn their OSSD Diploma. This is 40 hours in total.

The Expectations of the students, by Grade, surrounding the Co-Curricular Program:

Grade 9, 10 and 11:

6 Credits are required of each student.

All students must complete either a Major or a Minor sport each term

All students must earn 2 credits from a non-sport activity. 1 Credit from Term 3 Cadets.

Grade 12:

6 Credits are required of each student.

Grade 12 students are free to select how they meet the 6 credit requirement.

Grade 12 students are required to earn 3 credits of sport. 1 credit from Term 3 Cadets for non IB Diploma students.

Major Sport = 2 credits per term. Competitive team will meet 4 times per week. Games, both home and away, and Tournaments will increase the 4 times per week commitment.

Major Activity = 2 credits per term. This activity will meet 4 times during the week.

Minor Activity = 1 credit per term. This Activity will meet 1 time during the week.

Minor Sport = 1 credit per term. This Sport meets 4 times during the week. If you are in a Minor activity you will attend sport 4 times a week. If you are in a Major activity you will attend sport 2 times a week.

Examples of a student commitment:

Major Sport + Minor Activity = 5 sessions per week (4 sport + 1 activity): 3 credits/term

Major Activity + Minor Sport = 6 sessions per week (4 activity + 2 sport sessions): 3 credits/term

Minor Sport + Minor Activity = 5 sessions per week (4 Sport + 1 activity): 2 credits/term

MAJOR ACTIVITIES

There are a variety of ways to engage in Co-Curricular Activities outside of the classroom. Students can choose a **Major Activity**.

Major Activity = 2 credits per term. This activity will meet 4 times during the week. If you are in a Major activity you will attend sport 2 times a week.

DANCE

INTRODUCTION TO DANCE (Major Activity)

- Term: Fall
- Time: Tuesday, Wednesday, Friday 4:45-6pm, Saturday 10:30-11:30am
- Dance Instructor: Miss Johnstone
- Description: Students interested in developing dance skills in a range of styles including hip-hop, ballet and lyrical dance are welcome to join the dance troupe. All levels of experience are welcome.

COMPETITIVE DANCE (Major Activity)

- Term: Winter and Spring
- Time: Tuesday, Wednesday, Friday 4:45-6pm, Saturday 10:30-11:30am
- Dance Instructor: Miss Johnstone
- Description: Students interested in taking their dance to the next level are welcome to try out for the competitive dance troupe. Students will undertake the development of dance routines and will compete in dance competitions. Students will also participate as support dancers in the school Musical.

THEATRE

DRAMATIC PRODUCTION (Major Activity)

Term: Fall

- Time: Tuesday, Wednesday, Friday, Saturday during sports time
- Activity Leaders: Mr. Leach, Ms. Fournier, Mr. Mugan and Mr. Hitchcox
- Cadet Award Section: Red, Silver, and Gold
- Performance Dates: Early November each year
- Description: The fall play will engage student actors in an intense 7-week rehearsal process. Students will train in movement, voice, and text in preparation for the fall play. As the performance dates approach, rehearsal times will become longer. Please note that auditions will be open to all students from Grade 9-12 and will be held in the first week of school. Casting will be based upon student skill and the best fit for the play and ensemble.

MUSICAL (Major Activity)

- Term: Winter
- Time: Tuesday, Wednesday, Friday, Saturday during sports time
- Activity Leaders: Mr. Leach, Ms. Fournier, Mr. Vandenbrink and Mr. Hitchcox
- Cadet Award Section: Red, Silver, and Gold
- Performance Dates: Early March each year
- Description: The winter musical will engage student actors in a rigorous 15-week rehearsal process. Students will train in ensemble work, movement, voice (sung and spoken), and text in preparation for the winter musical. As we approach the performance dates,

rehearsal times will become longer. Please note that workshop auditions will be held the first week after the November break to determine casting for the winter play. Casting will be based upon student collaborative skills and the needs of the play and ensemble.

VISUAL AND MEDIA ART

PORTFOLIO DEVELOPMENT GROUP (Major Activity)

- Term: Fall
- Time: After school Tuesday to Friday 4:30-6pm
- Activity Leader: Mr. Nickerson
- Description: This concentrated activity is designed for students who intend to study art, design, film or architecture at the tertiary level, and will be submitting portfolios with university applications. This is an intensive activity and will include studio activity, portfolio assembly strategies and the creation of a digital record of work. There is a maximum enrolment of 15 students.

FILM CLUB (Major Activity)

- Term: Fall
- Time: After school Tuesday to Friday 4:30 – 6:00pm
- Activity Leader: Mr. Mugan
- Description: Includes story writing, storyboarding, utilizing the Adobe Creative Suite and may also include creating animations and the use of special effects. Regardless of the genre, students will be continually encouraged into the creative process with a focus on advancing their communication skills across broad media platforms.

MUSIC

Symphony Orchestra (Major Activity)

- Term: Fall, Winter, Spring
- Time: Tuesday and Friday 4:30 – 6:00pm; Wednesday 8:00 to 8:45am
- Activity Leader: Dr. Berthiame
- Description: The Ridley Orchestra is an ensemble featuring both strings (violin, viola, cello and string bass) and wind instruments [flute, clarinet, sax, trumpet, trombone, etc.] as well as percussion and keyboard. This group of students will perform a variety of selections from the classics from theatre and film depending on the interests of the students. Two years of experience on an instrument is recommended, but enrolment in a music course is not required. A variety of different ensemble structures will also be explored, depending on instrumentation. We will also be performing on several occasions throughout the year.

VEX ROBOTICS (Major Activity)

- Term: Winter
- Time: Various
- Activity Leader: Mr. Reimer and Mr. McCambley
- Description: VEX Robotics is an activity will involve both skill and interest requirements. Membership will involve 10-15 students. VEX Robotics is an activity involving extensive and intensive time designing, testing, constructing and eventually competing with a relatively large scale robot or series of robots in a 12 foot x 12 foot arena. Competitions consist of an autonomous portion where the robots are controlled entirely by programming and sensors, and a radio controlled piece. Each year the challenge for the game is changed. Selection to the team will require skills in one or more areas: programming, mechanical

ability, and driver skills. The entire team needs the ability to work well under pressure and to serve collectively.

MINOR ACTIVITIES

There are a variety of ways to engage in Co-Curricular Activities outside of the classroom. Students can choose a **Minor Activity**.

Minor Activity = 1 credit per term. This activity will meet 1 time during the week.

ACTA RIDLEIANA

- Term: Fall, Winter and Spring
- Time: Thursday at 4:45 to 6:00pm in Room 26
- Activity Leader: Mr. Hitchcox
- Description: This activity requires a full year commitment working on the School yearbook; meeting weekly; layout artists, desktop publishers, and editors needed.

Maximum enrolment of 8 students.

ACTA RIDLEIANA BUSINESS TEAM

- Term: Fall and Winter
- Time: 1-2 hours commitment per week
- Activity Leader: Ms. Pak
- Description: Members of the Acta Business Team attempt to sell advertising for the school yearbook, Acta Ridleiana. Students can gain valuable experience in the business world. They will contact businesses from the local community and the Ridley community to find the advertisers, and create the advertisements for the yearbook. Once sales targets are met, there is a potential to earn sales commissions. Sales calls can be made at any time during the week so it is possible to do this activity as well as another Thursday activity.

ACTA RIDLEIANA PHOTOGRAPHY

- Term: Fall, Winter and Spring
- Time: Thursday at 4:45 to 6:00pm in Room 26
- Activity Leader: Mr. Hitchcox
- Description: This activity requires a full year commitment working on the School yearbook; taking pictures for various activities and events throughout the year.

ALZHEIMERS

- Term: Fall and Winter
- Time: Thursdays 4:30 - 5:30pm in Room 27
- Activity Leader: Mr. Martinez
- Description: The Alzheimer's Society of Ridley College is a two-term commitment where students make weekly visitations (approximately an hour a week) with seniors who suffer from Alzheimer's. Visitations will take place at retirement homes in St. Catharines and transportation to and from the retirement homes will be provided. Students will be trained prior to any visitations. This is an excellent experience for those interested in entering the field of health care and/or social work.

ATHLETIC THERAPY CLINIC

- Term: Fall or Winter
 - Time: Various times in the Field House Athletic Therapy Clinic
 - Activity Leader: Mr. Ferraro
- Description: Priority will be given to students in senior grades who are interested in pursuing further education in the medical profession or athletic therapy. Students will assist in scheduling appointments, preparing athletes to go to their sports, and assist in basic strength training and flexibility exercises as they pertain to rehabilitation. **Students must seek approval from Mr. Ferraro prior to registration for this activity.**
Maximum enrolment of 2 or 3 students.

BIBLE STUDY

- Term: Fall, Winter, Spring
- Time: Wednesdays at lunch in Room 33 and a special Saturday evening once a term.
- Activity Leader: Mrs. Braun and Mr. Lockey
- Description: Students meet in a small group setting to study the Bible and to encourage and pray for each other as they figure out what it looks like to live out their faith on campus. About once a term students help lead a special Saturday evening service for all interested.

BIG BUNCH

- Term: Fall
- Time: Thursday at 4:30 in Room 25
- Activity Leader: Mrs. Steele
- Description: Ridley College is partnered with the Big Brothers and Big Sisters of Canada (BBBS) in the Niagara Region. This group-mentoring program is designed by Ridley students and is offered to children (ages 7-11) who are waiting to be matched with a personal mentor. Ridley students will become certified professional volunteers and will be responsible for organizing and supervising the group. These activities are suitable for all children waiting for a match, as well as those who have different needs than those in the one-to-one program. Activity time will be devoted to workshops, planning and debriefing events. One Saturday per month (from October to May) will be devoted to working with children.

BOARD GAMES

- Term: Fall
- Time: Thursday at 4:45 to 6:00pm in Room 31.
- Activity Leader: Mr. van Niekerk
- Description: Playing interactive, entertaining, strategic and unplugged games. Opportunity for socialization and fun. This will be an opportunity for critical thinking skills and abstract thinking and problem solving.

BURGOYNE HOUSE COUNSELLOR

- Term: Fall and Winter (mandatory two term commitment)
- Time: Various evenings during study, or after school
- Activity Leader: Burgoyne Head of House Ms. Steepe
- Description: The Burgoyne House Counsellor position is a tremendous opportunity for students to exemplify leadership and dependability. The position requires students to assist the Master on Duty during evening duty on a rotational basis. During the evening study Burgoyne House Counsellors will assist Lower School students with homework,

supervision after study and bedtime routines. Their commitment ends at 9:00pm. They are to be a support to students in a big sisters/big brother role and be able to confide with the Head of House if there are any concerns. The Head of House will interview interested students and this leadership opportunity starts immediately in September. Maximum of 14 students accepted. Community service hours are earned during this activity.

CADET BAND

- Term: Fall, Winter and Spring (as part of the Cadet program)
- Time: Wednesdays from 6:30pm-7:30pm; third term during Cadets
- Activity Leader: Mr. Hutton, Mr. Vernon
- Description: The Marching Band represents the international diversity of Ridley with pride. They received an enthusiastic reception from thousands of people lining the two- hour Toronto Santa Claus Parade route, as well as coverage on Global Television. The Cadet Band also participates in other parades and special events closer to home. The strength of this band lies in the many opportunities for student leadership. Prizes and rank are awarded to those instrumentalists who demonstrate exceptional talent and commitment. You will receive an activity credit, as well as community service for extra events that take place.

CAPPIES NIAGARA (Student Critics and Awards Program)

- Term: Fall, Winter and Spring
- Time: Tuesday lunch hour in Room 35
- Activity leader: Mr. Lockey
- Description: Ridley students review local high school theatre productions and have their writing published in The St. Catharines Standard. Six students from grades nine to twelve meet in the fall to train as writers, and then compete for a place in the local newspaper's entertainment section for their reviews to be published. At the end of the school year, these critics vote on the top shows, performances, designers and sound engineers. Awards are presented at a special CAPPIES ceremony in May to the winners of each category. Students are also required to attend a minimum number of CAPPIES High School productions over the school year in Niagara and submit reviews by deadlines. This is a three term activity.

CERAMICS CLUB

- Term: Fall
- Time: Thursday at 4:30 to 6:00pm
- Activity Leader: Mrs. Marrone
- Description: Students interested in exploring the material of clay will have the opportunity to learn hand-building and wheel throwing techniques. Different approaches to glazing will also be explored in this activity. Maximum enrolment of 10 students.

CHALLENGE 20/20

- Term: Fall, Winter and Spring
- Time: Tuesday at lunch in Room 23
- Activity Leader: Mrs. Crowe-Morey
- Description: Challenge 20/20 connects schools in Canada and America with schools in developing countries. Together, students work to identify local solutions to a global problem. Through this globally based, experiential curriculum, students develop cross-cultural competency and communication skills. Challenge 20/20 educates students to become leaders in an interdependent world.

CHAPEL CHOIR

- Term: Fall, Winter and Spring
- Time: Tuesdays from 6:30-8:00pm; Friday 12:30 to 12:55pm
- Activity Leader: Mr. Hutton
- Description: The Upper School Choir meets once a week on Tuesday evenings and rehearses to perform in the Friday Chapel services. They also prepare for special events such as the Carol Services and the Canadian Independent School Music Festival [CISMF] concert at Roy Thomson Hall in Toronto. You will receive an activity credit, as well as community service for extra events that take place. Will count towards Community Service during the year.

CHESS CLUB

- Term: Fall, Winter
- Time: Thursday at lunch in Room 14
- Activity Leader: Mr. Nickerson
- Description: Chess club is an opportunity for casual chess players to gather and hone their skills. This activity is open to all students regardless of your age, grade, or ability. Whether you're a national champion, or can't remember the names of the pieces, all are welcome to come and play a game of chess.

CHINESE CALIGRAPHY

- Term: Winter
- Time: Thursdays from 4:30-5:30pm in Room 23
- Activity Leader: Mrs. Luo
- Description: Chinese Calligraphy is an oriental tradition rooted in centuries of practice. It is an art of turning square Chinese characters into expressive images by the responsiveness of rice paper and speed and pressure of a pointed Chinese brush. Throughout this activity, you will practice the basic techniques of controlling a brush pen to write simple Chinese characters. You will also have the great opportunity to explore Chinese culture and tradition in a fun way by celebrating Chinese traditional holidays, tasting/cooking Chinese food, playing Chinese games, by making paper- cuttings and much more.

CHAPEL ACTIVITY

- Term: Fall, Winter and Spring
- Time: Wednesday at lunch in Room 12
- Activity Leader: Mr. Hutton

DAYS FOR GIRLS

- Term: Winter
- Time: Thursday at 4:30pm in Room 2CB 119
- Activity Leader: Ms. Anderson
- Description: Every girl in the world deserves education, safety, and dignity. Days for Girls club has been established to raise awareness and help girls gain access to quality sustainable feminine hygiene. We meet every Thursday and create sustainable woman's hygiene products to send to countries where women are typically unable to access them. Community service hours will be awarded.

DEBATE CLUB

- Term: Fall, Winter and Spring
- Time: Thursdays at 4:30pm in Lower School.
- Activity Leader: Mr. O'Rourke and Mr. Leach

- Description: Activities include debating, public speaking, word play, instruction and assessment. Students may be required to represent the school at various debates including the prestigious Fulford Cup, International Independent Schools Public Speaking Competition, and other events featuring the speaking arts. In recent years, the top debaters have represented Ridley at the highest levels, including the annual World Championships of Debate and Public Speaking.

DECA

- Term: Fall, Winter.
- Time: Thursdays at 4:30 in Room 15
- Activity Leader: Mr. McNiven
- Description: DECA prepares emerging leaders and entrepreneurs in hospitality, marketing, law, finance and management in high schools and post-secondary institutions. It is the world's largest extra-curricular program involving hundreds of thousands of young people like yourself. Your participation in the club means selecting an event from the list on DECA website, preparing for that event at weekly meetings, attending the regional competition in Whitby and hopefully advancing to the provincial event in Toronto, or even the world event in Atlanta.

DIGITAL ILLUSTRATION/3D DESIGN CLUB

- Term: Fall, Winter, Spring
- Time: Thursdays at 4:30pm
- Activity Leader: Mr. Wiens
- Description: Students will explore new digital media to create digital 2D artworks and 3D modelling with the use of Photoshop and Maya. Maximum enrolment of 10 students.

DRAWING CLUB

- Term: Winter
- Time: Thursdays at 4:30pm
- Activity Leader: Mr. Nickerson
- Description: This studio-based activity is for students who are interested in learning and improving drawing methods and techniques. Participants will undertake drawing sessions using still life and the live model as subjects. Maximum enrolment of 15 students.

FUTURE GUIDE DOG

- Term: Fall, Winter and Spring
- Time: **Students must have a Spare during the academic day to participate.**
- Activity Leader: Ms. Oude-Reimerink
- Description: In this activity, students work with a foster puppy who is owned by Dog Guides of Canada, an organization that raises and trains service dogs for people who have various disabilities (blind, deaf, autistic, in a wheel chair, etc.). Students are expected to have the puppy with them for one spare period per 8-day academic cycle. Expectations include walking, working on basic obedience and manners, and various other commands at the Dog Guides' trainers request. Students will also be encouraged to participate in Dog Guides fundraising activities throughout the year. This activity also typically results in 10 - 15 service hours per student over the course of the year. **MUST APPLY DIRECTLY WITH MS. OR.**

GIRL UP

- Term: Fall, Winter
- Time: Monday at lunch in Room 13
- Activity Leader: Ms. Becken
- Description: Girl Up.org is a UN Foundation Organization supported by influential women such as Nobel Peace Prize winner Malala Yousafzai, former First Lady Michelle Obama, and many other distinguished individuals who campaign for women and girls' rights and opportunities across the globe. This organization engages members to take action through raising awareness and funds towards the empowerment of girls. The issues that will be addressed in Girl Up meetings include visible inequalities within the realms of education, constitutional equality, health, opportunity and more. [Maximum enrolment of 22 students.](#)

GUIDANCE CLUB

- Term: First Term
- Time: Wednesdays at lunch in the Guidance Office
- Target Group: Primarily Gr. 12 and ambitious Gr. 11 students.
- Activity Leader: Mr. Bowie
- Description: The primary purpose of the club is to facilitate a guided work session to help senior students navigate and progress through the college application season. Potential topics are listed below, but individualized workshops will be based on student need. Small group work and individualized planning will be the benchmark of this club.

GREEN TIGER

- Term: Fall, Winter, Spring
- Time: Fridays at lunch in Room 12.
- Activity Leader: Ms. Anderson.
- Description: Students who have an interest in helping Ridley to reduce its environmental impact while increasing their own awareness of environmental issues will enjoy this activity. Participants will have a chance to acquire skills to identify, investigate and understand environmental issues in our school and in our community. This is your chance to make a real difference. [Maximum enrolment of 20 students.](#)

INVESTMENT CLUB

- Term: Fall, Winter, Spring
- Time: Friday at lunch in Room 14
- Activity Leader: Mr. Schwandt
- Description: Students who have an interest in investing in publicly traded companies. Participants will learn basic information about investing and develop team/leadership skills. The goal is a student driven club that creates a mock portfolio while expanding their knowledge of various investment topics. [Maximum enrolment of 10 students.](#)

THE JACK PROJECT

- Term: Fall, Winter
- Time: Thursdays at lunch in the Learning Centre
- Activity Leader: Mrs. Doyle and Ms. Howard
- Description: The Jack Project is an organization that is focused on helping student leaders in mental health make a difference in their community. This student-run group plans initiatives to be implemented across campus that will help students and staff stay mentally healthy. This group also plans Ridley College's mental health awareness week in February.

JAZZ BAND

- Term: Fall, Winter and Spring
- Time: Tuesday 8:00am- 8:45am
- Activity Leader: Dr. Berthiaume
- Description: A senior group of experienced musicians with the ability to perform medium to difficult arrangements from the Jazz, Big Band, Funk and Rock eras. Instrumentation includes sax, trumpet, trombone, clarinet and rhythm section. All members of the Jazz Band are expected to purchase a Jazz Band tie, golf shirt and jacket. The total cost varies but average cost is \$150.00. The ensemble performs throughout South-western Ontario and some venues outside of Ontario. [Maximum enrolment of 20 students.](#)

KAFFEKLATSCH CLUB

- Term: Fall
- Time: Monday at lunch in Room 23
- Activity Leader: Mr. Gordon
- Description: This activity is meant for students that are looking to build upon their linguistic competencies in foreign languages. The group will get together over lunch once a week and be introduced to a variety of topics that they will be able to discuss with their peers in German. Although this is meant for those looking to learn the language, a few spaces are available for native German speakers that are looking to help teach the language to their peers. Those interested should contact Mr. Gordon.

LINCOLN COUNTY HUMANE SOCIETY

- Date/Time: Various dates and times.
- Faculty in Charge: Ms. Stark
- Description: Lincoln County Humane Society (LCHS) provides an opportunity for students to work with small animals – cats/kittens, guinea pigs and rabbits. It is located on Fourth Avenue, about a 15-minute walk from Ridley College. This activity is offered in the Fall and Spring terms when the weather is more favorable. In addition to a love for animals, interested students must also enjoy early mornings. Students are expected to volunteer at LCHS once a week from 7:15-8:45am (includes time to walk to and from there), which is the timeframe when help is most needed. Students will also earn community service hours for their commitment and contributions there.

LIBRARY MONITORS

- Term: Fall, Winter and Spring
- Time: 7:15 - 9:30 pm in the Library
- Activity Leader: Mrs. Parke
- Description: This activity is a full year commitment on an evening Monday-Thursday from 7:15 to 9:30 pm every other week or so. Students are responsible for overseeing the Attendance Book and maintaining a studious atmosphere in the library during evening study. Library monitors will also have regular meetings to provide feedback and assist the librarian with programming. Sign-up is subject to the approval of the activity leader.

MINDFUL MEDITATION

- Term: Fall and Winter
- Time: Tuesdays at lunch in the Chapel.
- Activity Leader: Mr. DeVellis and Mr. Karim

- Description: Enrolled students participate in guided meditations through the Mindful Awareness Research Centre at University of California at Los Angeles (UCLA) as well as by Jon Kabat-Zinn. The research regarding mindful meditation and mindfulness in general is exciting. It is hoped that by exposing participating students to a weekly practice that several benefits will be acquired by these participants. [Maximum enrolment of 20 students.](#)

POLITICS CLUB / MODEL UN

- Term: Fall, Winter
- Time: Tuesday at lunch in Room 12
- Activity Leaders: Mr. Hutton and Mr. Martin
- Description: The Political Club provides a forum for students interested in politics to learn more about and discuss both current and past political developments and political implications of current events. MUN, is an educational simulation and/or academic activity in which students can learn about diplomacy, international relations, and the United Nations. MUN involves and teaches participants speaking, debating, and writing skills, in addition to critical thinking, teamwork, and leadership abilities.

POSITIVE SPACE GROUP

- Term: Fall, Winter, Spring
- Time: Wednesday at lunch in Room 12
- Activity Leaders: Ms. Fournier and Ms. Covent
- Description: The Positive Space Group endeavors to encourage and support an informed community at Ridley College founded on mutual respect of orientation and identity, and to continue to build awareness and self-awareness of LGBTQ+ issues. Students of all identities are encouraged to attend our meetings to discuss current events and to join us as we lead special event weeks throughout the school year that are designed to educate and build awareness of topics related to the LGBTQ+ community.

RAFT (RYKERT AFTER SCHOOL PROGRAM)

- Term: Fall and Winter
- Time: 4:30pm every Thursday in the 2CB 119
- Activity Leader: Mrs. Rhind and Ms. Scott
- CAS: Creativity and Service
- Description: RAFT members plan, deliver and participate in games, activities, crafts and sports for a group of 10 to 12-year-old students who visit Ridley campus weekly from a nearby school. This is a student-led activity that builds leadership, communication and teamwork skills as the group designs and executes appropriate plans, reflecting and evaluating to ensure fun, growth, safety and development for the visiting students. [Maximum enrolment of 20 students.](#)

READING CLUB

- Term: Fall, Winter and Spring
- Time: Monday at lunch in Room 3
- Activity Leader: Mrs. L. Whitty

Description: The Reading Club is a student-led activity that provides a time one a week for members to read quietly, and discuss ideas and opinions about content and context. Through this activity, students practice reading skills, analyze a variety of texts, and engage in spoken interactions on a wide range of topics with their peers.

RIDLEY ADMISSION AMBASSADORS

- Term: Fall, Winter and Spring
- Time: Various
- Activity Leader: Mrs. S. Whitty, Ms. M. Spalla

Description: The Ridley Admissions Ambassadors assist the Ridley community by conducting campus tours for prospective students and their families. Generally during their spare, Admissions Ambassadors will greet families and conduct tours of campus, as well as answer any questions the visiting families may have. Admissions Ambassadors may also be called upon to act as hosts to prospective students spending a day at Ridley, as well as assist with Admissions functions such as Open House events, Association Weekend, and Scholarship Day. To participate, students must attend a training session at the beginning of the first term. **Students with spares can sign up for this activity, so they will not miss any class time while giving tours.** Students will be given community service hours for their assistance with tours and Admissions events.

SCHOOL REACH

- Term: Fall, Winter and Spring
- Time: Mondays at lunch in Room 13
- Activity Leader: Mr. Bowen and Mr. Park
- Description: This activity has teams of four students competing against each other by answering trivia questions on topics that come from any course in the secondary curriculum, from current events, Canadiana and World trivia. During the Winter term there is a competitive aspect for the senior team members, and select junior members during the Spring term. It is not necessary to participate in all terms.

STRING QUARTET

- Term: Fall, Winter, Spring
- Time: Thursday at 8:00 to 8:45am
- Activity Leaders: Dr. Berthiaume

Description:

TED TALKS

- Term: Fall, Winter, Spring
- Time: Friday at lunch in Room 14
- Activity Leaders: Mr. Titus
- Description: The purpose of a TED Ed club is to provide students with an avenue to develop their passions into ideas that can spark action and ignite change. Inspired by the original TED Talks that have become a global phenomenon, TED Ed celebrates student ideas and connects student clubs from around the world in a variety of ways. The club is designed to be flexible but there are 13 official meeting sessions where students discover how to build their passionate ideas into exciting and professional TED-style presentation talks. Students have opportunities to upload their talks to the TED Ed Community and share with the world.

TIGER POST

- Term: Fall, Winter and Spring
- Time: Thursdays 4:30 - 5:30pm in Room 25
- Activity Leader: Ms. Fowler
- Description: The Tiger Post is a CAS Activity that is an important tradition at Ridley. It is student centered online magazine published once per term that focuses its articles on

issues and themes that are relevant to the students of the school and broader community. This magazine invites its writers to determine what is of current interest to the school population at the time and to write articles that address those interests.

VEX ROBOTICS

- Term: Fall
- Time: Thursdays 4:30 - 5:30pm in Room 25
- Activity Leader: Mr. Reimer and Mr. McCambley
- Description: VEX Robotics is an activity will involve both skill and interest requirements. Membership will involve 10-15 students. VEX Robotics is an activity involving extensive and intensive time designing, testing, constructing and eventually competing with a relatively large scale robot or series of robots in a 12 foot x 12 foot arena. Competitions consist of an autonomous portion where the robots are controlled entirely by programming and sensors, and a radio controlled piece. Each year the challenge for the game is changed. Selection to the team will require skills in one or more areas: programming, mechanical ability, and driver skills. The entire team needs the ability to work well under pressure and to serve collectively.

LEADERSHIP OPPORTUNITIES

There are many leadership opportunities offered for Ridley students. Whether you join the Ridley community in grade 9 or 12, there are programs available for individual growth in this area. We hope that all students at the school will become involved in some form of leadership role. We feel that this involvement not only benefits the student but also the wider school community.

PREFECTS

- Term: Fall, Winter and Spring
- Time: Monday at 7:30pm and Thursday at lunch
- Activity leader: Mr. Postma
- Description: Prefectship is regarded as the most challenging, yet rewarding form of student leadership at Ridley. The Prefects' role is to be the voice of the student body; to be visible and approachable; encourage and foster school spirit; to establish a positive tone within the school and set a solid example of student conduct; and, to organize events for the entire student body. The younger students look to the School Prefects for guidance in all areas of school life. An excellent School Prefect would exemplify all the above traits in order to be successful in this position. **Students apply for School Prefectship and the position is appointed by the Headmaster and Dean of Students, prior to the start of the academic year.**

HOUSE CAPTAINS

- Term: Fall, Winter and Spring
- Time: Various with Head of House
- Description: House Captains are the second highest form of student leadership at Ridley. They are a select group of graduating students responsible for organizing events and assisting in the daily routines of their house. Typically, House Captains meet with their Head of House once a week to set goals, plan house meetings and lead community service initiatives. Notably, they are responsible for transitioning new students into the dorm and making the house more of a home. **A House Captain is appointed by the Head of House following an interview process.**

THE DUKE OF EDINBURGH'S AWARD/INTERNATIONAL AWARD

The Duke of Edinburgh's Award is also known around the world as the International Award and is running in over 32 different countries. At Ridley College each grade 9 and new to Ridley grade 10 student is automatically enrolled in the program at the Bronze level. Each student is encouraged to participate and complete the Bronze level before they graduate from Ridley. Many student progress through the award levels and are able to complete their Gold level in grade 12. New Ridley students in grade 11 and 12 may also join the program should they wish to participate in any of the trips.

Overview of each of the levels of The Award and what is required for each level.

BRONZE

You must be 14 years old to begin the Bronze. For this level, you have to demonstrate an ongoing and consistent commitment in Service, Skill and Physical Recreation for an average of one hour a week for 13 weeks. You also must select one of these sections to spend an additional 13 weeks on. The adventurous journey or expedition is 2 days and 1 night. The Bronze level will take you a minimum of 26 weeks to complete.

SILVER

You must be at least 15 years old to begin Silver or have completed the Bronze level. This level has 4 sections. You must demonstrate an ongoing and consistent commitment in Service, Skill and Physical Recreation for an average of one hour a week for 26 weeks. An additional 26 weeks on a section of your choice is required for Direct Entrants (participant who have not completed the Bronze level). The Adventurous Journey is 3 days and 2 nights. It takes a minimum of 26 weeks to achieve the Silver level for those who are Bronze Award Holders or 52 weeks for those who go directly into Silver.

GOLD

You must be at least 16 years old to begin the Gold, even if you have completed the Silver level. This level has 5 sections. You must demonstrate an ongoing and consistent commitment in Service, Skill and Physical Recreation for an average of one hour a week for 52 weeks. An additional 26 weeks on a section of your choice is required for Direct Entrants (participants who have not completed the Silver).

The Adventurous Journey is 4 days and 3 nights and the Residential Project is 5 days and 4 nights. This level takes a minimum of 52 weeks to achieve for Silver Award Holders or 78 weeks for those who go directly into Gold.

Registration fee: There is a small registration fee of \$30, that is charged to your student account. Each time you complete an award level, you will be given a new record book and will again be charged another \$30.

The Duke of Edinburgh's Award grew out of the efforts of three men: The Duke of Edinburgh; Kurt Hahn, a German educationalist and founder of Outward Bound, and Lord Hunt, leader of the first successful ascent of Mount Everest. The Award was first launched in The United Kingdom in 1956. It has grown in to an internationally recognized program that not only encourages young people to be more active and participate in community service, activities, sports and adventurous journeys, but it also is an excellent accreditation to write on your resume that will in turn impress universities and potential employers. The Award is about

having fun while you learn about yourself and you develop the skills needed for success in adult life. Most colleges, universities and employers recognize the value of Award Certificates as evidence of a person having good character and leadership potential. For further information on the Award please contact its coordinator,

The Award at Ridley College is run by Mr. Campbell and Mrs. Rhind. We offer support to each student to help students fill out their D of E book, but also offer four trips throughout the year. In September, there is a three night canoe trip to Algonquin Park, October a one night hiking trip, (for only Bronze level students), then in February a dog sledding trip again in Algonquin Park, then in May there is a four night horse riding trip in Clarion, Pennsylvania.

CADETS – STAR PROGRAM

RED STAR TRAINING

The Red Star Course is designed to provide interested students with the basic knowledge to participate in cadet activities. All subsequent star training will follow this course. This training will qualify the cadet to participate as a non-commissioned member of the cadet corps with the rank of Corporal.

Prerequisites

Interested Grade nine and Grade ten students are encouraged to participate in the Red Star Program. Candidates should have completed Green Star, but that requirement is not mandatory.

PARTICIPATION

Red Star Candidates Participations:

- Attend all regular Red Star training sessions and special activities;
 - Red Star takes place Thursday after school at 4:30pm. in the RMT.
- Submit to the course instructor any assignments given (these may include group assignments or tasks);
- Write and pass the Red Star test. Testing takes place at the completion of the course training normally in January or February. The test will include questions from each chapter in the Red Star Handbook; however, the emphasis will be on fundamental training. Candidates are responsible for knowing all information about Ridley cadets and our affiliated unit provided to you during the course. Sixty percent (60%) or more is required to pass the written test. An opportunity to rewrite the test for those who do not pass, may be provided. If the candidate rewrites the test or writes the test at a date after the initial test is offered, then seventy-five percent (75%) is required to pass. Qualification Rank Cadets who successfully complete the requirements for the Red Star will be promoted to Corporal.

SILVER STAR TRAINING

The Silver Star Course requires training in basic instructional techniques, more advanced leadership training and an introduction to platoon drill. This training will enable the cadet to participate as a member of the cadet corps in a senior position of authority and responsibility. This training will qualify the cadet to participate as a cadet senior NCO or cadet officer in the cadet corps.

Prerequisites

Course participants must have successfully completed the Red Star requirements or be a new student in grade 10. The Silver Star is a prerequisite for the Gold Star Program course.
Handbook
Participation

Silver Star candidates are expected to:

- Attend all regular Silver Star training sessions and special activities,
- Submit to the course instructor any assignments given (these may include group assignments or tasks),
- Write the Silver Star test. Testing At the completion of the course training, candidates must complete a written test normally in late January or early February. Sixty percent (60%) or more is required to pass the written test. An opportunity to rewrite a test for those who do not pass, may be provided. If the candidate rewrites the test or writes the test at a date after the initial test is offered, then seventy-five percent (75%) is required to pass.

Qualification Rank

Cadets who successfully complete the requirements for the Silver Star (and have completed their Green and Red Stars) will be promoted to Master Corporal and be qualified for promotion to the rank of Sergeant and above.

CADETS –RIDLEY COLLEGE CADET CORPS #162 RCACC

CADET GOLD TRAINING

The Royal Canadian Army Cadets is a national youth organization supported by the Army Cadet League of Canada, a civilian non-profit organization, and the Canadian Forces who partner to provide uniforms, equipment, and training. The Army Cadet program is free. There are no registration fees or costs for uniforms or training. Cadets are in no way obligated to join the Canadian Forces. The goal of this federally sponsored program is to instill in our young Cadets the values of leadership, physical fitness, confidence, and civic duty. Army cadets are encouraged to become active and responsible members of the community by developing self-confidence, self-esteem and a sense of teamwork.

CADET OFFICER AND NCO TRAINING

- Term: Winter and Spring
- Time: Thursday at 4:30pm
- Activity leader: TBD.
- Description: Officer & NCO Training is one of Ridley's largest formalized leadership training programs. Involving over 60 students, this activity focuses on developing leadership skills as peers work together to progress through a variety of tasks and responsibilities as it relates to the overall Cadet Program. In Cadets - as in life - there are times when individuals are asked to follow, and opportunities when they are asked to lead and this program strives to develop these key attributes that are meaningful as a part of the Cadet Program and into their daily lives.

#162 RCACC RIDLEY COLLEGE CADET CORPS

- Term: Spring
- Time: Cadet Marching Schedules on Monday and Thursday
- Activity leader: TBD.

- Description: Cadets is the longest standing tradition in the school. The history of the Corps is symbolized in the walls of the Memorial Chapel, the WWII Memorial Wall, the Cannon, The Flag, Archives, and The Great Hall. Students are taught from the beginnings of the Star Program the true value of the Corps and the responsibilities they have to carry on the spirit, history and leadership of the school.

CADET DRILL TEAM/HONOUR GUARD

- Term: Fall, Winter and Spring
- Time: Various
- Activity leader: TBD
- Description: The goal of the Cadet Drill Team and Honour Guard is to instill in our young Cadets the values of leadership, confidence, and civic duty. Army cadets are encouraged to become active and responsible members of the community by developing self-confidence, self-esteem and a sense of teamwork. This group participates in Remembrance Day Ceremonies both at Ridley and downtown St. Catharines. They also participate in the Annual Toronto, St. Catharines and Niagara-on-the-Lake Christmas Parades.

COMMUNITY SERVICE EXPECTATIONS

Community awareness and service are a vital part of the Ridley Education as well as a requirement for the Ontario Secondary School Diploma. The list below represents a growing number of community service opportunities that we currently offer to our Ridley Students.

Ministry of Education for Ontario stipulates that each student must complete 40 hours of Community Service PRIOR to Graduation in May and obtaining the OSSD.

Ridley requires 10 hours per year, which if covered over four years will equal the necessary 40 hours.

Even if you complete over 40 hours prior to Graduation, we still ask that each student complete 10 hours each year – our MOTTO is: Terar Dum Prosim (May I be Consumed in Service)

There are two ways in which students can earn their ten hours of community service hours per year:

1. Sign-up and participate in the opportunities listed throughout the school year for a total of ten hours.
2. Assisting with community service organizations in your home community or outside of Ridley. Official documentation from the organization is required for any outside service completed. All documentation should be completed and sent to the Activities and Community Service Coordinator as soon as possible.

Community Service Hours completed Outside of Ridley we require

- Name of the Organization and Contact Person: Official Letter Head from this organization
- Start and end date
- Description of hours completed
- Total number of hours completed
- Form must be signed by this Contact Person

Approved Outside Community Service

- Providing service to elderly who have difficulty completing the tasks (Shoveling, raking, meal preparation, etc.)
- Tutoring younger students
- Volunteer at a senior's home or care facility
- Help local community programs (Community care, youth groups, humane society)
- Environmental initiatives (Beach clean-up, planting trees, etc.)
- Charitable activities (Community walk-athons, car drive, etc.)
- Sports team assistance (Coaching, recreation centers. Etc.)
- Volunteer in community resources (Hospital, library, etc.)
- Services through places of worship
- Any event within the community for the good of others

Ineligible Outside Community Service

- Is a requirement of a class or course in which the student is enrolled (e.g., cooperative education portion of a course, job shadowing, work experience);
- Takes place during the time allotted for the instructional program on a school day. However, an activity that takes place during the student's lunch breaks or "spare" periods is permissible;
- Takes place in a logging or mining environment, if the student is under sixteen years of age;
- Takes place in a factory, if the student is under fifteen years of age; 25
- Takes place in a workplace other than a factory, if the student is under fourteen years of age and is not accompanied by an adult;
- Would normally be performed for wages by a person in the workplace;
- Involves the operation of a vehicle, power tools, or scaffolding;
- Involves the administration of any type or form of medication or medical procedure to other persons;
- Involves handling of substances classed as "designated substances" under the Occupational Health and Safety Act;
- Requires the knowledge of a tradesperson whose trade is regulated by the provincial government;
- Involves banking or the handling of securities, or the handling of jewellery, works of art, antiques, or other valuables;
- Consists of duties normally performed in the home (i.e., daily chores) or personal recreational activities;
- Involves a court-ordered program (e.g., community-service program for young offenders, probationary program).

RIDLEY COLLEGE COMMUNITY SERVICE OPPORTUNITIES

FALL TERM

AMNESTY INTERNATIONAL

- Date/Time: All Community Service Saturdays (8:30am -10:30am) Number of Hours: 2 for each session
- Faculty in Charge: Mr. Titus
- Description: Students read Amnesty International cases and write letters to bring hope and courage to prisoners of conscience and to help persuade officials to correct an injustice or secure someone's freedom.

ARTS COUNCIL

- Terms: Fall, Winter, Spring
- Time: Monday during lunch
- Activity Leader: Mr. Nickerson
- Description: Students in Grades 11 and 12 who are seriously involved with one or more arts area (art, dance, music, theatre) are invited to participate in the Arts Council. The mandate of the Arts Council is to increase the visibility of the arts activities on campus and to that end will manage assembly announcements and performances and undertake various other initiatives to get students involved in the arts.

ART MONITORS

- Term: Fall, Winter and Spring (mandatory three term commitment)
- Time: Evenings during study
- Activity Leader: Mr. Nickerson
- Description: Grade 11 and 12 Visual Art Students are accepted into this activity. Commitment is one evening every other week, Mondays through Fridays from 7:30pm to 9:30pm, or Sunday from 2:00-4:00pm. The monitor is responsible for opening and locking up the art studio, the attendance sign-in sheet and monitoring activities in the art studio during even study. Students must have approval from Mr. Nickerson in order to sign up for this activity.

ATHLETIC TIMING AND SCORING

- Date/Time: Various. Number of Hours: Varies depending on participation
- Faculty in Charge: Mr. Tredway
- Description: As required, help time and score at various athletic competitions. Request for help will be posted in advance by the Athletics Office.

BATTLE OF THE BANDS

- Date/Time: Date to be Determined.
- Number of Hours: Varies on participation.
- Faculty in Charge: Mr. Lockey
- Description: Students will assist with the battle of the bands concert that happens on campus annually.

BIG BUNCH (Big Brothers & Sisters)

- Date/Time: All Community Service Saturdays
- Number of Hours: 3-4 per session
- Faculty in Charge: Ms. Steele
- Description: Big Bunch is organized and run by Ridley students for children who have not yet been placed with a "BIG". Recreational opportunities are organized for the "Littles" to enjoy on the Ridley campus.

INTERNATIONAL CHRISTMAS LANGUAGE CHAPEL SERVICE

- Term: Fall: December 13, 2019 during Friday Chapel.
- Activity Leader: Mrs. Sylvie Luo
- Community Service Hours: 2 hours
- Description: This community service takes place at Christmas and celebrates Ridley's International Languages, while allowing non-native speakers to demonstrate their linguistic abilities. During the Christmas Service (bible reading), students will be asked to

read bible verses in different languages that represents the cultural diversity of Ridley (ESL, French, Mandarin, German and Spanish); students in grades 11 and 12 will also be asked to read in their native languages such as Russian, Italian, Korean, etc. Non-native speakers who take the international languages course(s) at Ridley are especially encouraged to join.

GIFT WRAPPING FOR HOSPICE NIAGARA

- Date/Time: December; Number of Hours: 2 per shift
- Faculty in Charge: Mrs. McNiven and Mr. McNiven
- Description: Students wrap gifts for shoppers at the Pen Centre Shopping Mall to raise funds for Hospice Niagara.

HOGS BACK CLEAN UP

- Date/Time: All Community Service Saturdays (8:30am -10:30am)
- Number of Hours: 2 per session
- Faculty in Charge: Mr. Gordon
- Description: Participants clean litter from designated streets around the Ridley College area.

LEAF RAKING and SNOW REMOVAL

- Date/Time: Fall and Winter at various times
- Faculty in Charge: Mr. Mugan
- Description: Students help rake the leaves for our local residents.

LINCOLN COUNTY HUMANE SOCIETY

- Date/Time: Various dates and times.
- Faculty in Charge: Ms. Stark
- Description: Lincoln County Humane Society (LCHS) provides an opportunity for students to work with small animals – cats/kittens, guinea pigs and rabbits. It is located on Fourth Avenue, about a 15-minute walk from Ridley College. This activity is offered in the Fall and Spring terms when the weather is more favorable. In addition to a love for animals, interested students must also enjoy early mornings. Students are expected to volunteer at LCHS once a week from 7:15-8:45am (includes time to walk to and from there), which is the timeframe when help is most needed. Students will also earn community service hours for their commitment and contributions there.

RIDLEY ADMISSION AMBASSADORS

- Term: Fall, Winter and Spring
- Time: Various
- Activity Leader: Mrs. S. Whitty, Ms. M. Spalla

Description: The Ridley Admissions Ambassadors assist the Ridley community by conducting campus tours for prospective students and their families. Generally during their spare, Admissions Ambassadors will greet families and conduct tours of campus, as well as answer any questions the visiting families may have. Admissions Ambassadors may also be called upon to act as hosts to prospective students spending a day at Ridley, as well as assist with Admissions functions such as Open House events, Association Weekend, and Scholarship Day. To participate, students must attend a training session at the beginning of the first term. **Students with spares can sign up for this activity, so they will not miss any class time while giving tours.** Students will be given community service hours for their assistance with tours and Admissions events.

RIDLEY CHRISTMAS MARKET

- Date/Time: December 2019
- Number of hours: Varies on participation.
- Faculty in Charge: Head of House will organize each house participation
- Description: Students help with set-up and take-down, selling tickets, helping at the crafts table, etc. to raise money for their House Charity. This event is run by the Ridley Family Guild.

ROTARY TV AUCTION

- Date/Time: December. Number of Hours: 2-4 per shift
- Faculty in Charge: Mr. Park
- Description: Student volunteers answer phones to accept bids for this annual TV Auction event. With the money raised from this event the Rotary Club is able to support many worth- while groups in the St. Catharines community as well as around the world.

RUN FOR THE CURE

- Date/Time: October 2019 Number of Hours: 2 hours
- Faculty in Charge: Ms. E. McNiven
- Description: Participants raise money for the Canadian Breast Cancer Foundation. This 5 km run/walk is along the Welland Canal walkway. Fund Raising Component: A minimum amount of money will be required for participation in this event.

SANTA CLAUS PARADE(S)

- Date/Time: November and December 2019.
- Number of Hours: Varies depending on each parade participation.
- Faculty in Charge: Mr. Filion, Mr. Ken Hutton
- Description: In support of the Cadet Band, students participate in the various local and Toronto Santa Claus Parades.

TERRY FOX RUN

- Date/Time: September 15, 2019. Number of Hours: 3 hours
- Faculty in Charge: Mr. Tredway, Mr. Ronald, Mr. Reimer, Ms. Scott and Ms. Luo
- Description: Students raise funds for the Terry Fox Foundation in this annual walk/run event. Fund Raising Component: A minimum amount of money will be required for participation in this event.

WE.ORG: We Scare Hunger:

- WE.ORG: Dance
- Date/Time: November 2019.
- Number of Hours: Hours are a reflection on the time worked by each individual
- Faculty in Charge: Ms. Thompson and Mrs. Steele.
- Description: Students from Mandeville and Leonard collect food from the local community in the aid of St. Catharines Community Care. The dance in November raise funds for We.org.

WINTER TERM

AMNESTY CONCERT

- Date/Time: February 2020
- Number of Hours: Varies depending on participation
- Faculty in Charge: Mr. Lockey
- Description: This concert is organized and performed by students to raise money for Amnesty International and a local charity.

AMNESTY INTERNATIONAL

- Date/Time: All Community Service Saturdays (8:30am -10:30am) Number of Hours: 2 for each session
- Faculty in Charge: Mr. Titus
- Description: Students read Amnesty International cases and write letters to bring hope and courage to prisoners of conscience and to help persuade officials to correct an injustice or secure someone's freedom.

ATHLETIC TIMING AND SCORING

- Date/Time: Various. Number of Hours: Varies depending on participation
- Faculty in Charge: Mr. Tredway
- Description: As required, help time and score at various athletic competitions. Request for help will be posted in advance by the Athletics Office.

BIG BUNCH (Big Brothers & Sisters)

- Date/Time: All Community Service Saturdays
- Number of Hours: 3-4 per session
- Faculty in Charge: Ms. Steele
- Description: Big Bunch is organized and run by Ridley students for children who have not yet been placed with a "BIG". Recreational opportunities are organized for the "Littles" to enjoy on the Ridley campus.

BOWL 4 KIDS (Big Brothers/Sisters Organization)

- Date/Time: Designated Saturday in February Number of Hours: 2
- Faculty in Charge: Mrs. Steele.
- Description: Students raise money (\$50.00 per student) for the Big Brothers/Sisters St. Catharines / Thorold Organization. Each team involves 4-5 student participants. Fund Raising Component: A minimum amount of money will be required for participation in this event.

DAYS FOR GIRLS

- Date/Time: Thursday at 4:30pm
- Number of Hours: Varies depending on participation
- Faculty in Charge: Ms. Anderson
- Description: Every girl in the world deserves education, safety, and dignity. Days for Girls club has been established to raise awareness and help girls gain access to quality sustainable feminine hygiene. We meet every Thursday and create sustainable woman's hygiene products to send to countries where women are typically unable to access them. Community service hours will be awarded.

LEAF RAKING and SNOW REMOVAL

- Date/Time: Fall and Winter at various times
- Faculty in Charge: Mr. Mugan
Description: Students help rake the leaves for our local residents.

WALK FOR MEMORIES

- Date/Time: January 2020.
- Number of Hours: 2
- Faculty in Charge: Mr. Nickerson
- Description: Students partner with Mainstream participants to raise money for the Alzheimer Society of Niagara. The Manulife Walk for Memories is the largest fundraising event for the Alzheimer Societies in Ontario. This walk is dedicated to increasing awareness and raising funds for vital programs and services that support people living with Alzheimer's disease and related disorders.
- Fund Raising Component: A minimum amount of money will be required for participation in this event.

SPRING TERM

AMNESTY INTERNATIONAL

- Date/Time: All Community Service Saturdays (8:30am -10:30am) Number of Hours: 2 for each session
- Faculty in Charge: Mr. Titus
- Description: Students read Amnesty International cases and write letters to bring hope and courage to prisoners of conscience and to help persuade officials to correct an injustice or secure someone's freedom.

BIG BUNCH (Big Brothers & Sisters)

- Date/Time: All Community Service Saturdays
- Number of Hours: 3-4 per session
- Faculty in Charge: Ms. Steele
- Description: Big Bunch is organized and run by Ridley students for children who have not yet been placed with a "BIG". Recreational opportunities are organized for the "Littles" to enjoy on the Ridley campus.

COMMUNITY CARE GARDENING

- Date/Time: Spring term. Hours
- Faculty in Charge: Mrs. Onclin
- Description: Students will assist with the gardening, flowers and vegetables, within our Ridley community.

EASTER EGG HUNT

- Date/Time: April at Easter
- Number of Hours: Varies depending on participation
- Faculty in Charge: Mrs. Braun
- Description: Assist with an Easter Egg hunt for children. Information will be sent out prior to this event.

HOGS BACK CLEAN-UP

- Date/Time: In April linked to Earth Day.
- Faculty in Charge: Mr. Gordon
- Description: Students help to keep the surrounding areas around Ridley clean by picking up garbage from the Hogs Back. Students are provided with gloves and garbage bags.
- Additionally, students will earn community service hours for their commitment and contributions here.

LINCOLN COUNTY HUMANE SOCIETY

- Date/Time: Various dates and times.
- Faculty in Charge: Ms. Stark
- Description: Lincoln County Humane Society (LCHS) provides an opportunity for students to work with small animals – cats/kittens, guinea pigs and rabbits. It is located on Fourth Avenue, about a 15-minute walk from Ridley College. This activity is offered in the Fall and Spring terms when the weather is more favorable. In addition to a love for animals, interested students must also enjoy early mornings. Students are expected to volunteer at LCHS once a week from 7:15-8:45am (includes time to walk to and from there), which is the timeframe when help is most needed. Students will also earn community service hours for their commitment and contributions there.

MIGRANT WORKERS COMMUNITY CARE

- Date/Time: Sunday evenings 5:00 to 8:00pm in third term.
- Faculty in Charge: Mrs. Crowe Morey
- Description: This activity involves helping to serve dinner to migrants workers who gather on Sunday evenings at the Anglican Church in Beamsville for food and fellowship.

ONTARIO ROWING ERGOMETER CHAMPIONSHIPS

- Date/Time: March 2020
- Number of Hours: Varies on participation
- Faculty in Charge: Mr. Bowen and Mr. Schwandt
- Description: The Ontario Indoor Rowing Championships is held in the Ridley Fieldhouse every March. Students may volunteer in various roles throughout this competition.

RIDLEY THEATRE CLEAN-UP DAY

- Date/Time: April 2020
- Number of Hours: 2 per shift
- Faculty in Charge: Mr. Leach and Ms. Fournier
- Description: Students help with the clean-up within the Mandeville Theatre following the last Play Performance.

TREE PLANTING

- Date/Time: April in conjunction with Saturday Earth Day. Number of Hours: 2 per shift
- Faculty in Charge: Ms. Anderson
- Description: Students will plant trees on and around campus in support of Earth Day.

WALK FOR GUIDE DOGS

- Date/Time: May Number of Hours: 2
- Faculty in Charge: Ms. Oude-Reimerink
- Description: Money raised by participants in this event helps thousands of Canadians that re- quire the assistance of a Dog Guide. Fund Raising Component: A minimum amount of money will be required for participation in this event.

ATHLETICS PROGRAM

Ridley's Athletic program provides regular athletic activity that contributes to the general fitness, health and well-being of each student and as such is required to be a feature of each student's life at the school each term.

Students will be encouraged, whenever possible, to take the opportunity to be a member of a competitive team at Ridley. Team membership contributes significantly to the growth of the whole person. It encourages pursuit of individual excellence, co- operation, and selflessness as well as encouraging students to try new experiences, take risks, and learn the nature of competition.

Each student must participate in one sport per term. This can be either a Competitive team, a Sport for Life team.

Major Sport = 2 credits per term. Competitive team will meet at least 4 times per week. Games, both home and away, and Tournaments will increase the 4 times per week commitment.

Minor Sport = 1 credit per term. This Sport for Life (SFL) meets 4 times during the week.



Fall US Sports Offerings	Winter US Sports Offerings	Spring US Sports Offerings
<p>Boys</p> <ul style="list-style-type: none"> • 1st Boys Soccer • 2nd Boys Soccer • U16 Boys Soccer • Prep/1st Boys Basketball • Prep Boys Ice Hockey • Novice Rowing • Senior Rowing • Harriers • SFL <p>Girls</p> <ul style="list-style-type: none"> • 1st Girls Basketball • U16 Girls Basketball • 1st Girls Field Hockey • JV Girls Field Hockey • Prep Girls Ice Hockey • Novice Rowing • Senior Rowing • Harriers • Swimming • SFL 	<p>Boys</p> <ul style="list-style-type: none"> • Prep Boys Basketball • 1st Boys Basketball • U16 Boys Basketball • Dance – Co-ed • Prep Boys Ice Hockey • 1st Boys Ice Hockey • Sr. Boys Rowing • Dev. Boys Rowing • Co-ed Dev. Rugby • 1st Co-ed Squash • U16 Co-ed Squash • 1st Co-ed Swimming • SFL <p>Girls</p> <ul style="list-style-type: none"> • Dance – Co-ed • 1st Girls Gymnastics • Prep Girls Ice Hockey • Junior Varsity Girls Ice Hockey • Sr Girls Rowing • Dev. Girls Rowing • Co-ed Dev. Rugby • 1st Co-ed Squash • U16 Co-ed Squash • 1st Co-ed Swimming • 1st Girls Volleyball • U16 Girls Volleyball • SFL 	<p>Boys</p> <ul style="list-style-type: none"> • 1st Badminton • Dance – Co-ed • Sr. Boys Rowing • Dev. Boys Rowing • 1st Rugby 7's • U16 Boys Rugby 7's • Spring Soccer • 1st Boys Tennis • U16 Boys Tennis • Track • Triathlon • Golf <p>Girls</p> <ul style="list-style-type: none"> • 1st Badminton • Dance – Co-ed • 1st Gymnastics • Sr Girls Rowing • Dev. Girls Rowing • 1st Girls Rugby • 1st Girls Soccer • 1st Girls Tennis • Track - Co-ed • Triathlon - Co-ed • Golf - Co-ed • SFL

RIDLEY COLLEGE

INSPIRING FLOURISHING LIVES. TRANSFORMING OUR GLOBE

MISSION

We prepare meaningful and flourishing lives by teaching the habits of mind, body, and spirit, and the values needed to lead in a global society.

VISION

We inspire flourishing lives to transform our globe.

MOTTO

Terar Dum Prosim: "May I be consumed in service"

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